

FOR IMMEDIATE RELEASE

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Become a Nationally Certified Personal Fitness Trainer

South Charleston, WV — Turn your interest in fitness into an exciting and rewarding career! BridgeValley Community and Technical College will be offering a nationally certified personal fitness trainer course beginning in March. Gain the knowledge, practice, and experience needed to be successful in this growing field.

This course will be held every Saturday beginning March 25 through May 7 (excluding April 9) from 9:00 a.m. to 4:00 p.m. Classes will be held at BridgeValley Community and Technical College located at 2001 Union Carbide Drive, South Charleston. The cost of \$799 covers the tuition, book, CPR certification, and one certification exam. A training scholarship may be available for qualifying individuals.

In order to receive this national certification, students must successfully pass the classroom and practical training course, as well as complete a 30-hour internship and obtain CPR and AED certification. Massage therapists and occupational therapists can earn continuing education from this course.

The course is offered in partnership with World Instructor Training Schools, a national certifying organization that trains people to become personal fitness trainers. Call W.I.T.S. at (888) 330-9487 or visit www.witseducation.com to learn more about the industry and register for a free online info session. Please call 304 205-6690 to register and pay for the training.

BridgeValley Community and Technical College was founded on March 20, 2014 and serves a six-county region including Fayette, Raleigh, Nicholas, Clay, Putnam and Kanawha counties. The college operates two campuses in Montgomery and South Charleston, along with the addition of the new Advanced Technology Center. BridgeValley awards one-year certificates and two-year associate degrees in many fields including civil, mechanical and electrical engineering technology, business and health management, nursing, dental hygiene, business technology, medical assisting, diesel technology, computer information technology, and welding.

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